

Techwood®

POSITIVE TECHNOLOGY

TFR-306SH

ELECTRIC AIR FRYER

Instruction manual



Dear consumer, please read these instructions carefully before use in order to avoid damage due to incorrect use and to better understand the functions of this product. Please pay particular attention to the safety guide.

If you pass the device on to a third party, these Operating Instructions must also be handed over.

Please keep them for future references.

IMPORTANT SAFEGUARDS

- ❑ Please read these instructions carefully before use.
- ❑ Keep present instructions for future references.
- ❑ Check that your mains voltage corresponds to that stated on the appliance.
- ❑ Only use the appliance for domestic purposes and household or similar applications such as:
 - staff kitchen areas, in shops, offices and other working environments;
 - by clients in hotels, motels and other residential type environments;
 - Environment type like :
 - Farm Houses • Bed and Breakfast.
- ❑ Only use the appliance in the way indicated in these instructions.
- ❑ Never use this unit near bathtub, shower, wash-hand basins or other containers with water.
- ❑ Never use this apparatus near water projections.
- ❑ Never use this apparatus with the wet hands.
- ❑ If, unfortunately the apparatus is wet, immediately withdraw the cord of the socket-outlet.
- ❑ Inform potential users of these instructions.
- ❑ Never leave the appliance unsupervised when in use.
- ❑ The appliance must be used only for its intended purpose. No responsibility can be taken for any possible damage caused by incorrect use or improper handling.
- ❑ Children and persons with disabilities are not always aware of the danger posed by the use of appliances.
- ❑ This device can be used by children aged 8 years and older and adults, with reduced physical, sensory or mental capabilities or lack of experience and knowledge, if they have been given supervision or instruction concerning use of the

appliance in a safe way and understand the hazards involved.

- Cleaning and user maintenance shall not be made by children unless they are older than 8 and supervised.
- Keep the appliance and its cord out of reach of children aged less than 8 years of age.
- Children shall not play with the appliance.
- In order to ensure your children's safety, please keep all packaging (plastic bags, boxes, polystyrene etc.) out of their reach.
- Caution! Do not allow small children to play with the foil:

□

THERE IS A DANGER OF SUFFOCATION!

- From time to time check the cord for damages. Never use the appliance if cord or appliance shows any signs of damage.
- Never immerse the appliance in water or any other liquid for any reason whatsoever.
- Never place it into the dishwasher.
- Never use the appliance near hot surfaces.
- Do not operate the appliance with a damaged cord or plug, or after the appliance has been damaged in any manner.
- If the supply cord is damaged, it must be replaced by the manufacturer, its service agent or a similarly qualified person in order to avoid a hazard.
- Disconnect the power source cable before any operation of cleaning of maintenance and accessories assembly.
- Never use the appliance outside and always place it in a dry environment.
- Never use accessories, which are not recommended by the producer. They could constitute a danger to the user and risk to damage the appliance.
- Never use any other connector than the one provided.

- ❑ Never move the appliance by pulling the cord. Make sure the cord cannot get caught in any way.
- ❑ Never wind the cord around the appliance and do not bend it
- ❑ Ensure that the power cord does not come into contact with hot parts of this unit.
- ❑ Make sure the appliance has cooled down before cleaning and storing it.
- ❑ The temperature of accessible surfaces may be very high when the appliance is operating. Never touch these parts, of apparatus, to avoid burning itself.
- ❑ Make sure the appliance never comes into contact with flammable materials, such as curtains, cloth, etc ... & the power cord and plug do not come in contact with water.
- ❑ Before cleaning, always unplug the appliance from the power supply and let it cool down.
- ❑ This appliance is not intended to be operated by means of an external timer or separate remote-control system.
- ❑ Always place the unit on a flat surface. Ensure, also, not to cover the device and not to put anything on it.
- ❑ Always remove the plug from the wall socket when the appliance is not in use.
- ❑ When using an extension lead always make sure that the entire cable is unwound from the reel. Use solely CE approved extension leads. Input power must be at least 16A, 250V, 3000W.
- ❑ Incorrect operation and improper use can damage the appliance and cause injury to the user.
- ❑ This device, designed for home use, complies with standards relating to this type of product.
- ❑ The appliance must be used and rested on a table or flat & stable surface.
- ❑ The item must not be left unattended when it is connected to main supply.

- The item is not to be used, if it has been dropped or if there are visible signs of damage or if it is leaking.
- Regarding the instructions for cleaning, thanks to refer to the below paragraph of the manual.
- This appliance is only intended for household use.

WARNING: RISK OF BURNS.

During operation, the surface temperature of the device can be very hot.

The heating parts remain hot long after stopping the machine.

GENERAL INFORMATION

The symbol "OPEN BOOK" means a recommendation to read important things contained in the record.



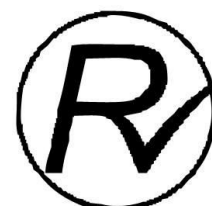
The symbol "BIN" crossed out, abbreviation WEEE (Waste of Electrical and Electronic Equipment) means that at the end of life, it should not be discarded with household waste, but filed to the sorting of the locality. Waste recovery can help preserve our environment.



The symbol "CE" is the guarantee of compliance with harmonized European standards, voluntary, reflecting the essential requirements into technical specifications. These standards are not mandatory but are guarantees of compliance with essential requirements.



The symbol ROHS (Restriction of use of some Hazardous Substances) on the Environmental Protection, certifies that for each of the five hazardous substances • Lead • Mercury • (hexavalent) chromium •

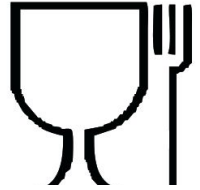


products for protection against flames PBB and PBDE, the peak concentration is equal to or less than 0.1% of the weight of homogeneous material, and 0.01% for the 6th • cadmium.

The symbol "HOT WALL" warns the user that the walls of the unit can become very hot, and to take precautions as required.



The symbol "GLASS / FORK" means that the device is compatible and can come into contact with foodstuffs.

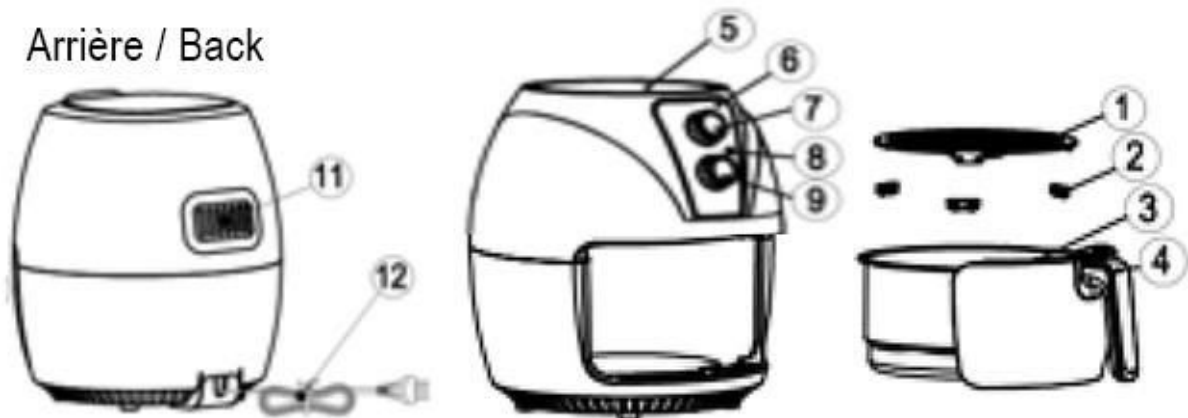


The symbol "TRIMAN" indicates that the consumer is invited to dispose the product as part of a separate collection (eg recycling bin, waste, voluntary intake point).



For more information : <http://www.quefairedemesdechets.fr>

TO KNOW IT'S UNIT



- 1. Food tray
- 2. Silicone rubber
- 3. Pot
- 4. Drawer handle
- 5. Top of the fryer with air inlet
- 6. Control panel
- 7. Temperature selector

- 8. Heating indicator light
- 9. Timer
- Back of the deep fryer
- 11. Air outlet
- 12. Electric cord

INTRODUCTION

This brand-new fryer design is an easy and healthy way to prepare your favourite dishes. By using the hot air circulation and a grill, it is possible to make many different dishes.

The special feature of this new fryer is to distribute the heat in all directions, so most ingredients heat up everywhere and do not need oil.

AUTOMATIC STOP

The unit is equipped with a built-in timer, it automatically turns off the device when countdown reaches zero. The unit can be manually turned off by turning the timer knob, counter clockwise, to zero.

FIRST USE

Before first use, remove the device and all accessories from the packaging.

- Clean the apparatus according to the instructions in "CLEANING AND MAINTENANCE " paragraph.

- Place the machine on a suitable flat, stable surface.

Notes: It is not appropriate to fill the tank with oil or frying fat as the unit works with hot air.

Never put anything on the device. This would disrupt the airflow and affect the result of frying in hot air.

HOT AIR FRYING

1. Plug the power plug into a grounded wall outlet.
2. To preheat the fryer, turn the timer knob for 5 minutes.

Notes: The heat indicator lights up.

The timer starts counting down the programmed cooking time.

During the process of frying with hot air, the heating indicator lights up and goes out from time to time. This indicates that the thermostat is working to maintain the preset temperature.

3. When the fryer is hot and ready to use, program the required cooking time.

Notes: See the 'Settings' section in this chapter to determine the correct temperature and the required preparation time according to the ingredients.

Always take the basket out of the fryer using the basket handle.

4. Place the ingredients in the basket.

Note: Never exceed the MAX indication as this may affect the quality of the food.

5. Insert the drawer into the fryer.

6. Some ingredients should be shaken halfway through cooking.

To do this: pull the drawer out of the appliance, shake it and put the drawer back into the fryer.

Tip: If you have to shake the ingredients, set the timer to half of the preparation time. When the timer rings, shake the basket with the food, reposition the basket in the fryer, and then set the timer again to the remaining cooking time. (Second half of the time).

7. At the end of the programmed cooking, the timer sounds! Remove the drawer from the appliance and check that the food is cooked properly. If it's not ready yet, simply put the basket back in the unit and set the timer to a few extra minutes. If food is cooked, pour the ingredients into a heat-resistant dish.

Tip: To remove bulky or fragile ingredients, lift them from the basket with a flat spatula or a pair of kitchen tongs.

COOKING GUIDE

The table below is used to select the basic settings for the most common foods.

Type of food	Weight (g)	Cooking time	Temp. (° C)	Shake	Note
Potato products					
Thin pommes frites (frozen)	300-700	10-15 minutes	200	Yes	
Thick pommes frites (frozen)	300-700	12-18 minutes	200	Yes	
Home-made pommes frites	300-800	15-20 minutes	200	Yes	First toss the food in ½ tbsp. oil
Home-made potato boats	300-800	18-22 minutes	180	Yes	First toss the food in ½ tbsp. oil
Pastries					
Cake	300	20-25 minutes	160	No	Use a cake mould
Muffins	300	15-18 minutes	200	No	Use Muffin moulds
Meat and poultry					
Steak	200-500	8-10 minutes	180	No	
Pork chops	200-500	12-15 minutes	180	No	
Chicken drumsticks	200-500	10-15 minutes	180	No	
Chicken breasts	200-500	18-20 minutes	180	No	

Note: These parameters are only indications. Foods differ in size, shape, brand, and origin, sometimes it's better to rely on your own experience. We cannot guarantee the best setting for your ingredients.

Thanks to the "Rapid Air" technology, the air inside the device heats up instantly. Briefly removing the basket from the appliance during cooking to check the cooking does not disturb the process.

ADVICES

- Smaller ingredients or foods usually require shorter cooking times than larger ones.
- Shake small foods half way, optimize the result and may help prevent fried ingredients from burning.
- Add oil to fresh potatoes for a crispy result.
- Wait a few minutes, after adding the oil on food, that it is well soaked, to Fry the ingredients in the fryer.
- Do not prepare extremely fatty ingredients such as sausages in the air fryer.
- The dishes that can be prepared in an oven can also be prepared in the air fryer.
- The optimal amount to prepare crispy fries is 500 grams.
- Use a commercial dough to prepare dishes (quiche or other preparation) to fill quickly and easily.
- A pre-cooked dough requires a shorter cooking time than a homemade dough.
- Place a baking dish in the air fryer basket to put on a preparation such as quiche or to fry fragile foods or stuffed preparations.
- Air fryer can also heat food. To do this: set the temperature to 150°C and timer on 5 to 10 minutes.

CLEANING AND MAINTENANCE

- Before cleaning, always switch off the appliance, disconnect the apparatus and let it cool.
- Wait until the fryer is completely cool before starting cleaning.
Note: It is important to wait one to two hours after use to avoid any risk of burns.
Remove remaining residues with paper towels before cleaning the device.
- Never plunge the apparatus or the control board in water or all other liquid!
- Clean the outside of the apparatus with a sponge or slightly wet linen.
- The parts (removable) in contact with food like plate, bowl, forks, Spatula etc. can be washed in hot water with sponge and soft detergent or put in the dishwasher.
- Do not use abrasive cleaners, gritting, or metal brush or another cutting object.

- Clean the inside of the appliance with hot water and a non-abrasive sponge.

STORAGE

- Ensure the unit is completely cool and dry.
- Do not wrap the cord around the appliance, as this will cause damage.
- Keep the appliance in a cool, dry place and out of reach from children.

GUARANTEE

Before being delivered, all our products are subjected to a rigorous control. This apparatus is guaranteed 24 months starting from the date of purchase, by the consumer.

The documents in proof of guarantee are:

- The invoice and
- The filled and stamped warrantee plate (located on side or bottom of the gift box). Without these documents in proof, no free replacement, nor no free repair, can be carried out.

During the warranty period, we deal for free, the defects of the apparatus or the accessories, rising from a defect of materials or manufacture by repair or, replacement. The services within the framework of the guarantee do not involve any extension of the warranty period and does not give right to a new guarantee! In the event of recourse to the guarantee, bring back the complete apparatus to your retailer, in its original packing, accompanied by the proofs of purchase.

The breakage of parts out of glass or plastic is, in all the cases, not warranted. Defects on the accessories or the wearing parts (for example: coals of engines, hooks, drive belts, remote control of replacement, teeth brushes of replacement, webs etc) as well as cleaning, maintenance or it replacement of wearing parts are not guaranteed and are thus to pay!

In the event of foreign intervention, the guarantee becomes null and void.

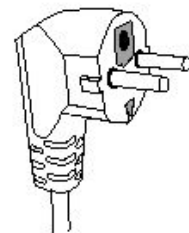
After flow of the warranty period, repairs can be carried out, against payment, by a specialized trade or a repair service.

SPECIFICATIONS

Power supply	220-240V~ 50/60Hz
Power	1300W
Norm	Class I
Capacity	3.0 L

Made in P.R.C

The characteristics can change without prior notice



This unit is equipped with an electrical outlet with earth and must be earthed in an according plug.

Note: In the event of question concerning the earth or electric connection, please consult a qualified personnel.

In the event of short-circuit, earthing reduces the risk of electric shock while making possible the current to be evacuated by the wire of ground.

CAUTION: In order to minimize the risks of electric shock, In the event of breakdown, not to open the case but to call upon a qualified technician for repairs.

This device complies with EC directives, it was controlled according to all current European directives, applicable such as: electromagnetic compatibility (EMC) and low voltage (LVD).

This device has been designed and manufactured in compliance with the latest regulations and technical requirements for safety.

**Imported by Sotech International
" LE PERIPOLE " N°A-107
33, Avenue du Marechal de Lattre de Tassigny
94120 Fontenay sous-Bois – France**

RECIPES



Asian Spicy French Fries

-Potato	4 pcs / 600g
-Oil	2 teaspoons
-Salt	1 teaspoon
-Pepper powder	1 teaspoon
-Scallion powder	1 teaspoon
-Chili pepper powder	1/2 teaspoon
-Garlic powder	1/2 teaspoon

Peel the potatoes and cut into strips.

Dip the strips of potato in salted water for at least 20 minutes, then dry with paper towels.

Mix well shallot, salt, pepper, garlic powder, oil and chilli powder.

Stir in the potato strips into the mixture.

Set the temperature to 180° and the timer to 5 minutes for preheating.

Place the strips of potato in the frying basket.

Put the drawer in the appliance and set the timer for 15-20 minutes (depending on the size of the fries) or until the fries turn golden brown.

Note : Shake the basket in the middle of the cooking process to return the fries and obtain a better cooking result.



Golden chicken wings

-Chicken wings	500g
-AGarlic	2 cloves
-Powdered Ginger	2 teaspoons
- Ground cumin	1 teaspoon
-Powdered pepper	1 teaspoon
-Spicy sauce	100 mg
-Salt	1 teaspoon

Set the temperature to 200 and the timer to 5 minutes for preheating.

Mix garlic, ginger powder, ground cumin, black pepper, hot pepper sauce and salt.

Coat chicken wings with this mixture.

Let macerate for 20 minutes.

Place evenly the chicken wings in the frying basket.

Put the drawer in the appliance and set the timer for 15-20 minutes or until become golden brown.



Fried chicken nuggets

- Fresh chicken fillet 500g
- Eggs 3 pcs
- Wheat flour 1 cup
- Olive oil 1
tablespoon
- Powdered white powder 1 teaspoon
- Salt 1 pinch

Set the temperature to 200 and the timer to 5 minutes for preheating.

Tap the chicken for 5 minutes with a flat knife blade.

Mix eggs, flour, olive oil, white pepper and salt.

Cut the chicken fillets into pieces about 4 cm square.

Coat chicken pieces. Let stand 20 minutes for marinating.

Place the chicken nuggets in the frying basket evenly, put the drawer in the appliance and set the timer for 15-20 minutes or until the nuggets turn a golden-brown colour.



Roasted Lamb Chops

- Lamb chops 500g
(at room temperature)
- Brandy or Cognac 1 small glass
- Oil 2
tablespoons
- Powdered pepper 1 teaspoon
- Crushed black pepper 1 teaspoon
- Soy sauce 1 teaspoon
- Salt 1 good pinch

Set the temperature to 200 and the timer to 3 minutes for preheating.

Mix the brandy, the oil, the 2 peppers and the soy sauce.

Note : do not salt before cooking, it hardens the meat.

Mix the seasoning thoroughly and then completely coat the lamb chops with a kitchen brush. Marinate for 20 minutes.

Place the chops in the frying basket evenly.

Put the drawer in the unit and set the timer for 10-12 minutes or until the chops turn a golden-brown colour.

Take out the drawer and return the chops. Reduce the temperature to 150° and cook another 5 minutes.



Fried Pork Chops

-Pork chops (at room temperature)	500g
-Eggs (beaten)	2pcs
-Flour	1 cup
-Ginger powder	1/2 teaspoon
-Garlic	1 teaspoon
-Chicken soup powder	1/2 teaspoon
-Soy sauce	1/2 teaspoon
-Salt	1/2 teaspoon
-Oil	1 teaspoon

Set the temperature to 200 ° and the timer to 5 minutes for preheating.

Mix the seasoning well, then coat the pork chops with the mixture, marinate for 20 minutes.

Place the pork chops in the basket evenly.

Put the drawer in the device and set the timer for 10-12 minutes

Take out the drawer and return the pork chops. Reduce the temperature to 150 ° and bake for at least 10 minutes or until they turn golden brown.

Fried Squids

-Squid (fresh or thawed)	500g
-Oil	2 tablespoons
-Salt	1 teaspoon
-Cumin powder	1 teaspoon



- Chicken soup powder 1/2 teaspoon
- Powdered pepper 1 teaspoon
- Flour 1 cup

Set the temperature to 200 and the timer to 5 minutes for preheating.
 Mix all the ingredients of the seasoning, then smear the squid copiously, let stand 20 minutes;
 Place the squid in the basket evenly.
 Put the drawer in the appliance and set the timer for 10-12 minutes or until the squid turns a golden colour.



Spicy prawns

- Use fresh raw shrimp or Thaw raw shrimp 5/8 pcs p/p
- Oil 2 spoons
- Chopped garlic 1 to 2 cloves
- Crushed black pepper 1 teaspoon
- Sweet chili powder 1 teaspoon
- Powdered white powder 1 teaspoon
- Spicy sauce 10cl

Set the temperature to 200 and the timer to 5 minutes for preheating.
 Rinse the shrimp and dry it.
 Mix the oil, garlic, chilli, cracked black pepper.
 Apply a thin layer of this preparation on shrimp.
 Place the shrimp in the basket evenly,
 Put the drawer in the appliance and set the timer for 5 to 8 minutes or until the layer is crisp and golden.
 Lightly heat the spicy sauce with salt and white pepper in a saucepan, serve immediately.



Fried & Grilled corn

- Corn-cob 2 pcs / p
- Oil olive 1 teaspoon per ear
- Salt
- Pepper

Set the temperature to 200 and the timer to 5 minutes for preheating.

Apply a thin layer of olive oil on all the corn.

Place the corncobs in the basket evenly.

Put the drawer in the appliance and set the timer for 10 minutes so that the ears are crisp and golden.